



Solar SETS

Question

What are the benefits of keeping indoor plants?

Plastic fantastic? Not!

Only real plants:

- * Are self-regulating air purifiers. They improve the air quality by keeping levels of pollution low
- * Produce fresh, clean oxygen, making the room fresher and more pleasant to be in for longer periods of time
- * Act as a carbon vacuum, removing carbon dioxide and carbon monoxide from the air
- * Reduces a variety of health problems, such as dry throats and coughs
- * Aids wellbeing and productivity of students and staff, reducing fatigue and causing feelings of comfort
- * Plants are a key part of our natural environment, so we feel good when we're around healthy plants
- * Are highly mobile and can fit into any space, big or small
- * Are beautiful and create a pleasant, attractive environment

Pollution Reducing Plants



Peace Lily
Spathiphyllum
'Petite'



Philodendron 'Congo'



Pothos



Dracaena
Dracaena marginata



Zanzibar
Zamioculcas zamifolia



Snake Plant or Mother-in-law's Tongue
Sansevieria trifasciata



Kentia palm
Howea forsteriana

Quick Quiz

- * Why is snake's plant called "Mother-in-law's Tongue"?
- * What is the latin name for the Pothos plant?
- * Can you name some other pollution reducing plants?